

## THE SOLUTION TO PROBLEMS

Introduction – Previously we have identified a model for human functioning. It is psychologically and biblically comprehensive in its perspective.

A. Last week we saw there are two reasons why problems arise in our human functioning.

1. Our deepest needs for security and significance are not met.

1. Our goals are blocked by people, places, and things.

B. The solution to problems begins with our relationship to God through Christ.

Romans 1:21

Romans 3:23-25

Romans 6:23

Romans 8:1-2

Romans 8:38-39

Romans 12:1-2

1. In Christ we are loved completely and our deepest needs are fulfilled.

2. We must begin forming all goal setting with “Because God has met my needs of security and significance ....”

C. We must change our goals from desirable ones to attainable ones.

1. Desirable goals are good but beyond our ability to control.

2. Attainable goals depend only on our behaviors to accomplish.

(see diagram on the back)

Conclusion – Out of our relationship to God through Jesus we can learn how to function more effectively. This gives us the greatest possibility of success in every area of our lives.

# The Solution to Problems

Only God can reach our deepest needs. We must begin with “because God has met my needs of security and significance....”

We must change our goals from desirable to attainable ones.

**God in  
Christ**

