

April 26, 2000

Phyllis Rich
Princeton Church of Christ
33 River Road
Princeton, NJ 08540

Dear Phyllis,

I want to take this opportunity to express my feelings towards the Divorce Recovery Program. As you know I have been attending on a semi-regular basis for well over a year. I was very hesitant the very first time I came. I am so glad I stuck with it. In my circumstance, between the emotional pain of the loss of my marriage and the physical manifestations that resulted, I became very depressed. I soon learned, through the group, that many people share the same types of difficulties and that I was not alone. Having peers to relate with is very important. This along with the guidance of the facilitators has helped me tremendously. I have also enjoyed being a part of the helping end by being able to relate to others my experiences, both good and bad, and what I learned from them.

One nice aspect is the varied background of the participants. We are made up of men and women of all races and religions. This adds to the dynamic of the group. I have seen many people progress, along with myself. For this I thank you and the program. I plan to continue to be a part of the group because I have been learning many things about life and myself and also enjoy the interaction with you and the group.

Sincerely,

Tom
Matawan