

April 24, 2008

Phyllis,

I have been wanting to write you a note to thank you for the amazing job you do offering this space and opportunity to people like me that need so much to hear and be heard by others in similar situation. I commend you for the amazing job you do creating an environment of trust and respect where everyone feels so naturally and instantaneously welcome. I admire the journey you have taken to conquer your issues and hope to follow on your steps as I am also dealing with anger issues. This group is about recognizing our issues, and having the responsibility and commitment to become better persons for us and those around us.

Regards,

Carolina

---

---

March 3, 2009

Dear Phyllis,

A few words of appreciation is a minor thing compared with the huge impact that your efforts with the Divorce Recovery group have. I have a vivid memory of some of your – very personal – sharing on your struggles with anger; they have helped me a lot. Thank you for making this an amazing space for personal growth, discovery and learning how to be human, accepting of all of our flaws, and realizing the great potential (to move on and be happy) we all have.

Regards,

Carolina

---

---

November 14, 2010

Dear Phyllis,

I am moving on with life. I got legally divorced on May 2010, and now, I have the best possible relationship with my ex – we are great partners in raising my child.

I want to take this opportunity to thank you for all the help and support I got from you and the people that make up the group. I think this is the single thing that helped me the most in healing the raw chaffed emotions left after the end of my marriage. I am particularly grateful to the many men that participate in the group, that so candidly offered their perspective, and helped me better understand men, and also see men in a better light. I am also grateful for the many people that shared their weaknesses and vulnerability, and reminded me that I didn't want to be a 'victim' of my divorce. I am also grateful to the many people that showed up after the end of their legal battles, even after divorce, that served as role models of how one is to survive and come out strong at the end of this chaos.

But specially, I am SO grateful to YOU Phyllis, for the infinitive love you provide to those in need with this selfless act of service that is the "divorce recovery group." Thank you for showing me that you don't need to be "part of the experience" to offer empathy, and be able to truly 'feel' the others pain, regardless. Thank you for sharing in the human experience of pain, of growth, of giving without getting anything back.

I sincerely wish the best for you and your family. You are truly an angel in service to souls in desperate need of compassion, empathy, and understanding. Thank you for speaking only with the absolute truth, even when painful.

Phyllis, I would love to come back every now and then to remind people that we all come out of this difficult situation: it is a matter of deciding when, and how.

With warmest regards,

Carolina