

March 6, 2009

Hi Phyllis,

Thank you for being a kind-hearted soul. I'm sure you receive personal satisfaction from giving of yourself, but the people who receive your efforts are so blessed and so thankful. This is the first time I've ever attended a support group. I've been to plenty of marriage counselors and therapists, but I find I can relate to the group and it's helping me to feel better about myself. I have always been a private person, but I will try to open up more to the group.

The group has a good side and a bad side to it. The good is that everyone there feels the same ache I have and thinks the same way I think because they are living my life, and there is comfort in that. At least I know I'm not crazy. On the other side of the coin, it's depressing to see how much pain people are in during this process and even the ones who have been divorced for several years seem to never let go. I say, "knowledge is power" so I am hoping to gain insight through others, and hopefully I will be able to make a smart decision, not an emotional one.

Thank you for offering this service in an attempt to help so many broken hearts. You are very much appreciated.

Carla